

# Basketball Rules Summary

## 1<sup>st</sup>/2<sup>nd</sup> Grade

**THIS IS A RECREATIONAL LEAGUE** - Having fun, learning fair play, sportsmanship, making new friends and developing new skills are always more important than the final score!!

Coaches will not be allowed on the court, believe it or not you just get in the way. The first game or 2 might be rough but they will pick it up quickly as a whole.

HIGH SCHOOL RULES with exception of the following.

**Game Length:** Each game will consist of four **6-minute** quarters, clock stopping on time-outs, free throws and whistles. There will be a three (3) minute halftime. **THERE WILL BE NO RE-SCHEDULING OF GAMES.**

**Game Time:** There are no forfeits. You may play with what team members you have.

**Backcourt Pressure:** **NO BACKCOURT PRESSURE AT THIS GRADE LEVEL!!** **Defense is only allowed inside the 3-point line!**

**Teaching Fundamentals:** Coaches and parents, please remember that this is designed for the kids to have **FUN** while learning the fundamentals of basketball. *Please remember that this is a learning league and that the officials will teach the kids as they make their calls. **As the season progresses, more things will be called!** You can't learn if you are not taught how to do it right. The goal is to get all of the kids to learn the game, have fun and learn good sportsmanship. We ask that you encourage your parents and yourselves not to question the calls of the officials.*

**Overtime:** There will be no overtime played.

**Timeouts:** Each team will receive **2** per half. Each timeout will be **30** seconds in length.

**Basket Height and Ball Size:** 1<sup>st</sup> – 2<sup>nd</sup> grade will play on an **8 ft hoop**, playing with a **28.5** size ball..

**TECHNICALS:** THIS RULE APPLYS TO COACHES & PLAYERS

**First** Technical given: You will sit out for 5 minutes.

**Second** Technical given: You will be asked to sit for the rest of the game and the next game.

**Playing Time:** Each player must play **half** of each game. Unsportsmanlike conduct and other negative behavior may result in less playing time. Be sure to report any such behavior to the supervisor and parents. If players are absent from several practices, please call parent and find out the problem.

**Scoreboard:** The score board will not reflect any scores above a 10 point differential.

**Spectators and Players:** We encourage all spectators and participants not to question decisions of the officials. All players must obey the verbal instructions of the supervisors and/or the building custodians. Use of profane or abusive language will result in removal from the game. A second offense will result in the offending party being dropped from the program for the year. Intentional roughness, fighting (on or off court) or rowdy conduct will be cause for removal. The conduct of players, spectators, and parents must be in good taste and consistent with North League Parks & Recreation, Weber County School District and Weber County Recreation policies. Any player, spectator or parent who does not adhere to these policies will be asked to leave the building and in the case of a parent, will result in their child being removed from the game. If circumstances are of a serious nature (profanity, abusive language, threatening of an official, etc.) a forfeit can be called on the violating team.