

North League Rules

JUNIOR HIGH

No player may be registered with or play for more than one recreation team.

GAME TIME

- 75 minute games; No new innings after 70 minutes.
- In event of rain...if three (3) innings or 45 minutes have been played that will constitute a full game.
- Game clock will start right at game time or after the previous game is over and players have cleared the dugout. Be prepared to hustle.
- No Forfeits, organize game with players that are present.
- If game is tied when time expires, North League Tiebreaker will be used: 2 outs with the last batter at 3rd base.
- SLAUGHTER RULE-15 runs after 3 innings or 1 hour
- There will be NO postponing or rescheduling of games except in case of weather conditions

DEFENSE

- All Players **must** play 2 innings on defense.
- Catchers are required to wear full protective equipment
- INFIELD FLY is a fair fly ball (not including a line drive or an attempted bunt) which can be caught by an infielder with ordinary effort, when first and second, or first, second and third bases are occupied, before two are out. The pitcher, catcher and any outfielder who stations himself in the infield on the play shall be considered infielders for the purpose of this rule.

BATTING/OFFENSE

- Each team **must bat all players**. Helmets must be worn at all times when batting or running
- Baseball: Leading off and Base stealing are allowed.
- Softball: Can only lead off and/or steal after the pitch is delivered
- The batter may advance to first if the catcher drops the third strike when first base is unoccupied, or if first base is occupied with 2 outs.

SOFTBALL ONLY 8 " RADIUS RULE

- The base runner, while the pitcher has the ball within 8 foot radius of the pitching mound, must immediately attempt to advance to the next base or return to her base.
- Failure to do so, base runner will be called out.
- Once the runner returns to a base, for any reason, she shall be declared out if she leaves the base unless a play is made on her or another runner; or the pitcher released the ball to the batter.

PITCHING

- ⚾ Baseball only: A pitcher may only throw in 3 innings per game.

DISTANCE

- ⚾ Baseball-7th grade pitching-52 ft 6 in bases-80 ft
- ⚾ Baseball-8th grade pitching-55 ft 6 in bases-85 ft
- ⚾ Baseball-9th grade pitching-60 ft 6 in bases-85 ft

- ⚾ Softball-7th 8th and 9th grades pitching distance-40 ft base distance-60 ft.

PLAYING TIME

- ⚾ **All** players must play in at least 2 innings on Defense
- ⚾ **All** players will bat on Offense.

SPORTSMANSHIP/UNIFORM

- ⚾ No Metal Cleats are allowed
- ⚾ Baseball: Long pants should be worn
- ⚾ Softball: shorts can be worn with slider shorts underneath.
- ⚾ No Profane or Abusive Language is allowed!!!! If it is of a serious nature, the player will be ejected.
- ⚾ Bats: -3 Drop
- ⚾ We encourage all spectators and participants not to question or argue with the decisions of the umpire. An important part of this program will be to teach good sportsmanship and learn to accept all decisions rendered.